Preschool and Elementary School Years: Ages 3 through 10

Your child needs additional doses of some vaccines from ages 3 through 6.

You may need a certificate of immunization to enroll your child in school.

Recommended vaccines:

- Chickenpox (varicella) vaccine:
 At 4 through 6 years
- Diphtheria, tetanus, and pertussis (DTaP) vaccine:
 At 4 through 6 years
- Flu vaccine: Every year by the end of October, if possible
- Measles, mumps, rubella (MMR) vaccine: At 4 through 6 years
- Polio (IPV) vaccine: At 4 through 6 years



Preteen and Teen Years: Ages 11 through 18

As protection from childhood vaccines wears off, adolescents need additional vaccines to extend protection.

Adolescents need protection from additional infections as well, before the risk of exposure increases.

As your child heads to college, make sure all vaccinations are up to date and he or she has a copy of all immunization records.

If your child travels outside of the United States, <u>check</u> if he or she needs any additional vaccines.

Recommended vaccines:

- Flu vaccine: Every year by the end of October, if possible
- Human papillomavirus (HPV)
 vaccine: At 11 through 12 years
 and a second dose 6-12 months
 following the first dose
- Meningococcal conjugate
 vaccine: At 11 through 12 years
 and at 16 years
- Serogroup B meningococcal vaccine: May be given at 16 through 23 years; if interested, talk to your child's doctor
- Tetanus, diphtheria, and pertussis
 (Tdap) vaccine: At 11 through 12
 years



Into Adulthood

Everyone should get a flu vaccine every year before the end of October, if possible.

Adults need a Td vaccine every ten years.

Healthy adults 50 years and older should get shingles vaccine.

Adults 65 years or older need one dose of pneumococcal conjugate vaccine followed by one dose of pneumococcal polysaccharide vaccine.

Adults younger than 65 years who have certain health conditions like heart disease, diabetes, cancer, or HIV should also get one or both of these vaccines.

Adults may need other vaccines based on health conditions, job, lifestyle, or travel habits.

